

### Camp in Algonquin Park this Summer!

If you are 13 to 17 years old then this is your opportunity to experience the fun, awe, and adventure of the wilderness. Camp Outlook specializes in 5-, 9- and 14-day canoe trips in Algonquin Park: **this is not a residential camp** (we move to a different campsite within the park everyday). With Outlook, you will have the opportunity to paddle through lakes and rivers and portage through forests, moving from campsite to campsite throughout the backcountry. It will be a challenging experience, but it is also an incredibly rewarding one. No two days on a Camp Outlook trip are alike. One day might be spent winding down a lazy river, with a clear blue sky ahead. The next might find you paddling across a mirror-like lake, or hiking along a forest portage. In between, there are campfires, s'mores, singing, games, and a ridiculous amount of laughter. Days can be very difficult; there are hills that seem to go up forever, heavy packs to carry, and strong winds to paddle against. Still, when you're exhausted from a hard day of work, there's nothing like getting into your campsite and going for a swim in the water, all capped off with a steaming hot bowl of mac'n'cheese. Before snuggling up in your sleeping bag for the night, you can check out the mind-blowing number of stars in the sky, and sip at some delicious hot chocolate. This is an experience different from anything you've done before!

If you are unsure whether you want to go on a Camp Outlook trip, or would simply like to find out more about our camp, we recommend that you attend our camper engagement day on **Sunday June 2nd**. This will begin at 1:30pm and finish at 4pm, and will take place at 31 Nelson Street in downtown Kingston. At this event you will have the opportunity to meet our trip leaders, meet other campers, and learn a bit more about our trips. We recommend that all campers who live in the area attend this event. **You do not have to apply for a trip in order to attend the event, and can use it as an opportunity to find out more about Outlook.** To let us know you will be coming, please use the details below to contact the Summer Camp Directors.

If you would like to go on a canoe trip with Camp Outlook, please fill in the camper application, medical, and waiver forms and send them to us as soon as possible. We accept applications for trips throughout the summer and have no hard deadline, but our trips are filled up on a first come first served basis, so the sooner you apply the better. More information about Camp Outlook is available at <a href="mailto:campoutlook.ca">campoutlook.ca</a>. If you have any questions or concerns about the program or the forms, please call us at 613-544-6444 or email us at <a href="mailto:summer@campoutlook.ca">summer@campoutlook.ca</a>.

Please read the following pages in detail to learn more about Camp Outlook!

Sincerely,

Kirstin Mercer and Peyton Mooney 2019 Camp Outlook Summer Camp Directors

Email: <a href="mailto:summer@campoutlook.ca">summer@campoutlook.ca</a>



Mail: PO Box 811, Kingston ON, K7L 4X6 | Phone: 1-613-544-6444 | Fax: 1-613-706-2172

Dear Guardian.

We realize that you may be a little unsure of what Camp Outlook is. Hopefully this page and the rest of the package will further introduce you to our camp and what we do! Please note when you are filling out these forms that you should take your time to read every page that is included. There is valuable information in all of them, and the more you understand about Camp Outlook, the more fun your camper will have! We are more than happy to answer any questions, or talk about your concerns. Feel free to contact us at 613-544-6444 or at <a href="mailto:summer@campoutlook.ca">summer@campoutlook.ca</a>.

Thank you kindly, Kirstin Mercer and Peyton Mooney 2019 Camp Outlook Summer Camp Directors

#### What is Camp Outlook?

Created in 1970 by a Queen's University medical student, Camp Outlook is an independent, community-based, non-profit, charitable organization, run entirely by volunteers. We believe strongly in the worth and potential of all youth, the power of experiential learning, and the therapeutic value of wilderness tripping. Our mission is to provide young people a chance to develop their sense of self-worth, inner strength, and capacity to succeed. To do this we provide youth of all genders, ages 13 to 17, with the opportunity to experience wilderness camping on summer backcountry canoe trips and fall/winter hiking trips and day activities. We use the therapeutic nature of wilderness tripping to provide an environment that allows them to respond to nature's challenges and learn about their own abilities in a team while being supported by trained trip leaders. Teamwork and cooperation are what allows our trips to run smoothly; our trip groups often come back from their adventure as a strong community.

We are accredited by the Ontario Camps Association.

#### What is a summer trip like?

The average trip consists of nine days of paddling, portaging, swimming, hiking, cooking, and setting up and taking down camp. We are not a residential camp, and we move between camp sites on a daily basis. Canoe trips are extremely physically challenging but they are also a lot of fun and very rewarding, and are filled with swimming, card games, and fireside conversations. Campers do not need to be in top physical fitness to participate, but you should read the Camper Letter of Eligibility to ensure their ability to participate. Canoe trips maintain a 2-to-1 or better camper-to-trip leader ratio with up to six campers per trip. We run separate trips for boys and girls that are led by a co-ed trip leader team.

#### What if there is an emergency?

In the rare case of an emergency, we have policies and procedures to guide us through. Most of our trips are in the Algonquin Park backcountry canoeing system where there is no easy access to help or a way out. To get to an access point we need to paddle and portage our way there which can often take several days. This means that we can only send people home early in exceptional circumstances, and it will take a long time to do so. Our trip leaders are trained in

Mail: PO Box 811, Kingston, ON, K7L 4X6 | Phone: 1-613-544-6444 | Fax: 1-613-706-2172

Advanced Wilderness First Aid and we carry well stocked first aid kits so we are able to manage injuries in the field and continue on. We also carry a satellite messaging system that can contact the police in an immediately life threatening situation, but it will still take emergency services 2 to 8 hours to get to the group. Conversely, there is no reliable way for us to get in contact with a tripping group.

#### Who leads the trips?

Every year, Camp Outlook brings together a dedicated group of enthusiastic volunteers eager and ready to contribute their diverse leadership styles to a successful summer. Camp Outlook summer trip leaders go through an intensive 6-week training program during which they are taught all the skills required to safely lead a canoe trip, including Advanced Wilderness First Aid, Bronze Medallion/Cross, and Mental Health First Aid. Additionally, guest speakers and internally-run workshops provide a forum for developing skills in working with challenging behaviours, low-impact and safe camping, crisis intervention, and assessing emergency situations. Training culminates with an intensive 8-day canoe trip in Algonquin Park, where our trip leaders have the opportunity to hone their skills and become familiar with the area.

All of our trip leaders are at least 18 years of age and are required to provide a satisfactory vulnerable sector background check. Many are post-secondary students or recent graduates from Queen's and other universities and colleges. They come to us from many different places and backgrounds from across Canada, and sometimes the world! They volunteer for 3 very busy full time months of their summer to lead our trips! We hope you like them as much as we do!!

#### Who are the other campers?

Like you, all of our campers are referred to us through a school or social agency. Campers are referred to us because they may especially benefit from exploring their strengths and skills along with other youth in the outdoors as part of a supportive and small community of trip leaders and campers. Our campers come from a diverse range of life experiences from Kingston and the surrounding areas. Most of the time nobody on the trip will know anybody else, unless someone is coming with a friend. Some of the other campers might have been on trips with us before but most have not. When we schedule the trips we are very careful to try to create groups who will have fun together and who will learn from each other.

### What do we need to do to prepare?

Not much! We provide all the camping equipment and food. The only things you will need to bring yourself are your own clothing, shoes, and personal items. You can have a look at our packing list on our website at <a href="mailto:campoutlook.ca/summer">campoutlook.ca/summer</a>. We are able to provide sleeping bags, rain gear, warm sweaters, and water bottles for everyone who doesn't already have suitable ones. You also don't need to know how to canoe or know anything about camping, we will teach you!

Mail: PO Box 811, Kingston, ON, K7L 4X6 | Phone: 1-613-544-6444 | Fax: 1-613-706-2172

### What is the cost of Camp Outlook?

There is no fee for campers to participate in our programs. We strive to make Camp Outlook as financially accessible as possible to all campers and so we do not charge anything to go on trip with us. We do ask that guardians who can afford to do so make a donation to Camp Outlook to help keep the program available to all our campers.

As a small organization with a limited budget we also recognize that the agencies that refer campers to us also have varying abilities to contribute financially to our programs. As such we do not have a fee to refer campers. We do ask that the agencies that refer campers to us contribute financially to Camp Outlook whenever possible.

Because ALL of our trip leaders are volunteers and because we receive many discounts and contributions from generous Kingston businesses and organizations we are able to keep the cost of running our programs very low in comparison to most other canoe tripping camps. As well, we have very few administrative costs and nearly all of our costs are directly related to running our programs; most of our money is spent on transportation, food, park fees, trip leader training, and insurance. However, it still costs us an average of about \$500 to send one camper on one canoe trip (for comparison, the fee to go on a 9-day canoe trip at most commercial camps would often be around \$2000). In order to have enough money to run the summer we work hard to fundraise year-round. Most of our funding comes from donations made by generous individuals and organizations in the Kingston community. All donations go directly towards running our programs.

#### **Donation Methods:**

☐ Cheque or Cash (cheques payable to Camp Outlook)
Please mail donations to <b>PO Box 811, Kingston Ontario, K7L 4X6</b> , or bring them to us in person when you see us next. We are able to provide charitable tax receipts for donations made by cheque or cash.
☐ Credit Card though CanadaHelps at <a href="https://www.canadahelps.org/en/dn/4528">https://www.canadahelps.org/en/dn/4528</a>
Donations made through CanadaHelps will receive a charitable tax receipt directly from CanadaHelps for the amount donated. CanadaHelps retains 3.5% of donations to cover
payment processing fees and administrative costs.  Monthly Donations can also be set up through CanadaHelps

Any financial contribution made to Camp Outlook is completely voluntary. **We greatly appreciate any amount you are able to donate.** All donation information is confidential within the administrative team and will not affect the camper's registration or tripping experience. **Please note that we are not able to refund donations for any reason.** Please contact us at 613-544-6444 or <a href="mailto:summer@campoutlook.ca">summer@campoutlook.ca</a> if you have any questions or to organize a donation.

Mail: PO Box 811, Kingston ON, K7L 4X6 | Phone: 1-613-544-6444 | Fax: 1-613-706-2172

#### How can campers and guardians find out more?

We encourage campers and their guardians to get in touch with the Summer Camp Directors if they have any questions. For a more informal chance to become familiar with Outlook, we will be hosting a camper engagement day at 31 Nelson Street in Kingston from 1:30pm to 4:00pm on Sunday June 2nd. Our camper engagement day is a fun opportunity for our youth to get to know other campers and trip leaders, and gives their guardians a chance to find out more about Outlook. The event is suitable for returning campers, new campers who have already applied to come on a trip, as well as those who are still deciding whether or not they want to apply. Whatever your position, we strongly recommend joining us for the afternoon if you live in the area and are able to attend. These events are not mandatory and will not affect your chances of tripping with Outlook, so there is no problem if you can not make it to Kingston for this. We will provide snacks, drinks, games, and as much information as you will need to begin your journey with Outlook. We will discuss things like what to pack and explain what you can expect from your trip. The camper engagement days are not formal events and do not require you to prepare anything, but we request that you let us know if you plan on attending either by stating this on the camper application form or by contacting the Summer Camp Directors. Guardians will also have the opportunity to ask questions, but are not required to attend the entire event.

#### What trips do we offer?

### **Standard Trips:**

Standard Trips are 9-days long. These are suitable for all age groups, genders, and **both first time and returning campers**. Unless you are a relatively young camper who is particularly nervous about tripping, or are ready to go on a leadership or 14-day trip, this is the trip for you!

#### **Specialty Trips:**

**5-day Introductory Trip:** A 5-day trip for new campers interested in an introductory trip in the wilderness; intended for younger, more apprehensive, first time campers only. It is not mandatory to do this trip before doing a standard 9-Day trip. These trips take place in Frontenac Park because of its accessibility, and as such we are unable to pick up or drop off campers anywhere other than Kingston for these trips.

**14-Day Trip:** For returning campers only. A longer and more demanding trip for campers who love tripping, who would like to explore even more of the park, and are looking for an added physical challenge.

**Leadership Trip:** For returning campers only. A 9-day trip to provide campers with more responsibility on trip and to build leadership skills. Part of the trip may involve being a 'leader-of-the-day' where two campers will team up to do all the things the trip leaders usually do, with help and guidance from the trip leaders.

Mail: PO Box 811, Kingston, ON, K7L 4X6 | Phone: 1-613-544-6444 | Fax: 1-613-706-2172

# Camp Outlook Summer Camper Application Form

Camper Name:			
Birth Date: YEAR MONTH DA	A Y Gender:		
Primary Contact Person for Camper:			
Contact Phone:	Email:		
Mailing Address:			
City:	Postal Code:		
Would you would like to attend the camper engagement day on <b>Sunday June 2nd from 1:30 to 4:00</b> in the afternoon at 31 Nelson Street in Kingston (details are on the previous page):			
Have you attended Camp Outlook in the summer or fall/winter before? If so, when?			
Would you like to camp with a friend? List their possible:	name and we will try to put you together, if		

**<u>Trip Dates:</u>** Please mark **all** the dates you are available to go on trip.

Note: All camper tripping groups are single gender, regardless of trip dates.

Standard 9-Day Trips*: Suitable for both	Speciality Trips: Please see the descriptions
new and returning campers of all ages.	on the previous page.
July 2 – 10	5 day Introductory Trip July 3 – 7
July 6 – 14	The introductory trip is for new campers aged
July 10 – 18	13 and 14 only. This trip is in Frontenac Park.
July 14 – 22	<b>14-day Trip</b> August 3 – 16
July 18 – 26	Leadership Trip August 7 – 15
July 22 – 30	The Leadership and 14-day trips are only
July 26 – August 3	available to campers who have previously
July 30 – August 7	completed a 9-day trip with us.

\*Note: Please select as many dates as possible for the standard 9-day trips. We are not always able to run trips during every date listed. What we are able to do is dependant on the number and availability of our volunteer trip leaders.

Campers can be dropped off on the first day of trip and picked up on the last day at the following locations (please choose an option for both). For the 5-day introductory trip, because we drive directly from Kingston to Frontenac Park, we can *only* pick up and drop off campers at our headquarters in Kingston.

Kingston (Outlook Hou	use – 31 Nelson S	Street) *Only option for	5-day Introduct	ory trip*
Drop off (6:30am)	_ Pic	k up (7:00pm)		
Intro trip drop off (8:00a	am) Intr	k up (7:00pm) o trip pick up (2:00pm)_		
<u>Belleville (Petro Cana</u>	<u>da – Highway 62</u>	<u>at Millennium Parkway, </u>	ust north of the 4	<u>01)</u>
Drop off (9:00am)	_ Pic	k up (6:00pm)		
Madoc (Petro Canada	<u>– 231 Durham St</u>	reet, across from the pa	<u>rk)</u>	
Drop off (9:45am)	_ Pic	k up (5:00pm)		
Bancroft (Tim Hortons	– 234 Hastings S	Street North, beside Hon	ne Hardware)	
Drop off (10:45am)	~		<u>10 1 Iai awai 0 j</u>	
Fact Cate (Algonquin I	Park Foot Cata	Highway 60)		
East Gate (Algonquin I		• ,		
Drop off (12:15pm)	Pic	k up (2:30pm)		
How would you rate y	our swimming a	ıbility:		
		revious swimming expe	rience in order to	participate.
		while swimming, regard		
		3. 3	0	•
Non Swimmer We	eak Swimmer	Low Endurance	Competent	Very Strong
Our trips can fill up q	uickly, so please ns or concerns p	r and are scheduled or e apply as early as pos lease call us at 613-544	sible.	
please be sure to fill o	out and include	sections in addition to the: □ this Camper App □ Camper Tripping □ Camper Informat □ Camper Waiver (	lication Form (3 p Agreement (1 pa ion Form (4 page 2 pages)	pages) ge) s)
Please note, we canno be as thorough as poss		per for trip until we have n these documents.	ALL completed p	ages. Please
Please send your forn	_	il: PO Box 811, Kingstor k: 1-613-706-2172	o ON, K7L 4X6	

Summer 2019 Camp Outlook Camper Application Form - Page 2 of 3

Email: <a href="mailto:summer@campoutlook.ca">summer@campoutlook.ca</a>

Questions to be filled out by the Camper:  (These will not affect your eligibility in any way)
Why do you want to camp with us this summer?
What kind of activities do you like?
Tell us something about yourself that you find interesting:
Do you have any experience camping or boating? (campers are <b>not</b> required to have any previous experience in order to participate) If so, please describe.
How do you feel about going on a Camp Outlook trip?
Are you interested in the <b>Leadership</b> Trip, the <b>14-Day</b> Trip, or the <b>5-day Introductory</b> Trip? Why? <i>Note: the leadership and 14-day trips are only available to campers who have previously completed a 9-day trip with us.</i>

## Camp Outlook Camper Tripping Agreement

To be read and signed by the camper

In recognition of the realities of canoe camping, Camp Outlook's trip leaders and campers will follow the below guidelines while participating in Camp Outlook programs. By reading and signing, campers commit to following these guidelines:

- 1. To behave respectfully towards fellow campers, the trip leaders, and yourself, and be aware that other campers and trip leaders on the trip may have differing views and opinions than your own.
- 2. To take part in an equal sharing of responsibilities and duties.
- 3. To be aware of and work towards creating a judgment-free, positive environment on trip.
- 4. To be supportive and to ask for support from other campers and the trip leaders in recognition that canoe tripping can be physically, emotionally, and mentally challenging.
- 5. To communicate issues or problems with other campers and the trip leaders before they become a more serious issue.
- 6. To understand that there are rules that everyone on the trip must follow at all times to keep yourself and everyone else on the trip safe, to follow these rules, and to respect the trip leaders when they enforce these rules.

I understand that the following things are prohibited at all times at Camp Outlook:

- Any form of fighting, violence, or harm against others or yourself
- Any form of kissing or sexual contact
- Any form of verbal or physical harassment, discrimination, abuse, or threats
- Any form of reckless behaviour that puts others or yourself in danger
- Weapons of any kind, or using any item as a weapon
- Alcohol, drugs, and any other controlled or illegal substance
- Intentionally damaging the camping gear, the natural environment, or wasting food

I understand that we will be paddling and hiking between backcountry campsites and sleeping in tents throughout the trip.

I have read, understand, and agree to all of the above.

Camper Signature:	Date:

You may type to sign

### Camp Outlook Camper Information Form

Camp Outlook involves a strenuous wilderness trip, sometimes several days away from help. While all of our trip leaders are trained in first aid procedures, a full and complete medical history is necessary to plan a safe and enjoyable trip. If possible, have the camper see a doctor for a general check-up before their trip. If you are unsure about any of this information please contact a doctor. We require ALL information on this form to be completed before the camper goes on trip. This form is not designed to exclude campers, it is to ensure that we are prepared to meet their unique needs. All information in this form is kept confidential within Camp Outlook. Please ask us if you have any questions or concerns about this form.

Name on Health Card:					
Health Card Number:					
Birth Date:	YEAR	MONTH	DAY	Height:	Weight:
Does the camper smoke? <b>YES / NO</b> If yes, how much?*If yes, does the camper have guardian permission to smoke on trip? <b>YES / NO Initial:</b>					
Has the camper wet their bed in the last three years? <b>YES / NO</b> *Depending on the time of year and other factors this may present a safety concern					
Does the camper have an up to date tetanus shot? <b>YES / NO</b> *The camper must have a valid tetanus shot (within the last 10 years) to go on trip.					

Is the camper taking any medication, prescription or over-the-counter? YES / NO

Medication	Purpose	Schedule and Dose	Possible Side Effects

<sup>\*</sup>Please note that all medications are stored by trip leaders in the first aid kit. If the camper carries any rescue medications (eg. Ventolin) it may be more appropriate for the camper to carry the medication with them, however we must be informed beforehand. Please contact us if any of the medications listed are for rescue/emergency use.

Summer 2019 Camp Outlook Camper Information Form - Page 1 of 4

We carry the following over-the-counter medications in our first aid kits. Please circle **YES** if the camper CAN be given the medication if necessary or **NO** if they CAN NOT be given:

Ibuprofen (Advil): YES / NO

Dimenhydrinate (Gravol): YES / NO

Calamine lotion (Caladryl): YES / NO

Acetaminophen (Tylenol): YES / NO

Diphenhydramine (Benadryl): YES / NO

Antibacterial creams (Polysporin): YES / NO

Does the camper have any allergies (eg. food, bites, stings, plants, drugs)? YES / NO

Allergy Cause	Describe Reaction and Severity	Describe Treatment

Does the camper have special dietary needs or restrictions (eg. lactose free, gluten free, vegan)? **YES / NO** If yes, please describe and list any treatments:

Does the camper use any sensory or mobility aids (eg. glasses, hearing aid)? **YES / NO** If yes, please describe and list any treatments:

Does the camper experience motion sickness? **YES / NO** If yes, please describe and list any treatments:

Does the camper have autism, ADHD, ODD, learning difficulties, and/or other behavioural diagnosis? **YES / NO** If yes, please describe and list any treatments:

Does the camper have any history of depression, anxiety, self harm, running away and/or other mental health diagnosis? **YES / NO** If yes, please describe and list any treatments:

Does the camper have any history of violence, aggression, and/or sexual misconduct? **YES** I **NO** If yes, please describe and list any treatments:

#### Does the camper have any of the following:

Any recent or recurring injuries (eg. twisted ankles, back pain, blisters, sunburns). **YES / NO** If yes, please describe and list any treatments:

Any infections within the past 6 months (eg. chickenpox, meningitis). **YES / NO** If yes, please describe and list any treatments:

Asthma and/or other lung/respiratory conditions and/or surgeries. **YES / NO** If yes, please describe and list any treatments:

High blood pressure and/or other heart/cardiovascular conditions and/or surgeries. **YES / NO** If yes, please describe and list any treatments:

*Ulcers and/or other stomach/intestinal/digestive conditions and/or surgeries.* **YES / NO** If yes, please describe and list any treatments:

Bladder infections and/or other kidney/bladder/urinary conditions and/or surgeries. **YES / NO** If yes, please describe and list any treatments:

Arthritis, eczema, and/or other bone/joint/muscle/skin conditions and/or surgeries. **YES / NO** If yes, please describe and list any treatments:

Diabetes and/or other metabolic conditions and/or surgeries. **YES / NO** If yes, please describe and list any treatments:

Epilepsy and/or other neurological conditions and/or surgeries. **YES / NO** If yes, please describe and list any treatments:

Any other medical condition and/or surgery not listed above. **YES / NO** If yes, please describe and list any treatments:

Summer 2019 Camp Outlook Camper Information Form - Page 3 of 4

Is the camper pregnant? YES / NO If yes, please consult a doctor about safety concerns.

I give permission for Camp Outlook to contact the camper's doctor(s) if needed.				
Doctor Name:	me: Phone Number:			
We REQUIRE 2 separate emergency contacts, living at different addresses ( <i>eg.</i> relative, neighbour, friend, social worker) who will be available while the camper is on trip.				
	PRIMARY CONTACT	Г	2nd EMERGENCY CONTACT	
Name				
Relation to Camper				
Area of Residence				
Primary Phone Number				
Secondary Phone Number(s)				
problems on Outlook trips are health and/or behavioural issues which were known to the camper, guardian, and/or referrer before the trip began. If the camper has a health or behavioural issue it does not necessarily mean that they will not be able to participate. If we know about an issue in advance we are usually able to accommodate it. In some cases however, it would not be in the best interest of the camper to go on the trip. In either case it is essential that we be aware of ALL possible concerns or considerations, both medical and behavioural. While all of our trip leaders receive extensive training, they are not professional counsellors or youth workers. Please contact us if you have any questions or concerns. Please use the space below to indicate any other information, not outlined above, which Camp Outlook should be aware of:				
I have read this form and confirm that all information is current, complete, and accurate. I have read and understand the document entitled "Camp Outlook Camper Letter of Eligibility" and have raised any potential issues with the Camp Outlook Camp Directors.				
Camper Signature:		Date:		
Guardian Name:		Relation to 0	Camper:	
Guardian Signature:		Date:		
You may type to sign				

Summer 2019 Camp Outlook Camper Information Form - Page 4 of 4

### Camp Outlook Camper Waiver

Outlook Camping Inc. ("Camp Outlook") offers a variety of wilderness and outdoor experiences. These activities involve vigorous exercise in wilderness areas where outside assistance is not immediately available. While our trip leaders receive training in first aid and emergency procedures, and are obligated to follow our safety policy, the nature of the activities means that accidents are still possible. Camp Outlook and its trip leaders cannot be held responsible for accidents that happen despite our reasonable efforts to avoid them. **Furthermore, Camp Outlook is not responsible for incidents arising from failure of the Camper to follow the instructions of the trip leaders.** By signing the form below you confirm that you are aware of the nature of the program and the risks involved, and that you agree to not hold Camp Outlook and its members and trip leaders liable for injury and/or property damage.

If you have any questions or concerns about the nature of the program or the risks involved, call Camp Outlook at **613-544-6444** before signing this form. It is your responsibility to ensure that the Camper is physically and emotionally able to participate in Camp Outlook activities.

I, the undersigned Guardian of \_\_\_\_\_ ("the Camper") agree that:

#### CONSENT AND LIMITATION OF LIABILITY FOR CAMP OUTLOOK

1. I am fully aware that Camp Outlook involves rigorous exercise in a wilderness setting and that given the nature of the program a certain amount of risk is unavoidable. I am also aware that although the trip leaders of Camp Outlook undergo training in first aid, water safety, and emergency procedures and are obliged to follow a strict safety policy, accidents are still possible, and in that knowledge I give my consent for the Camper to participate in the program.
2. In consideration for allowing the Camper to participate in the Camp Outlook's program I hereby waive, and release Camp Outlook and its members and trip leaders from any and all claims against Camp Outlook, and its members and trip leaders, in connection with any and all causes of action which may arise, other than because of the negligence of Camp Outlook, its members and trip leaders, as a result of the Camper's participation in the program.
3. Furthermore, Camp Outlook is not responsible for and shall not be liable for incidents arising from the failure of the Camper to follow the instructions of the trip leaders.  Please Initial:
4. I give permission for the Camper to be a passenger in the Camp Outlook bus, privately owned vehicles, and/or rental vehicles, driven by a Camp Outlook volunteer.  Please Initial:
CONTINUED ON THE FOLLOWING PAGE

5. I am aware of no physical or other concerns, which I have not disclosed to the Camper's doctor <b>and</b> to Camp Outlook, which may, in any way, affect the participation of the Camper in the Camp Outlook program. I have completed and not omitted any information from the "Camp Outlook Camper Information Form".  Please Initial:		
6. I give consent to the trip leaders of Camp Out for, protect, and supervise the Camper, which ind attention as necessary to ensure that the Campe	cludes giving consent for emergency medical	
7. I have read and understand the document ent and have informed Camp Outlook of all possible  Please Initial:		
8. I am aware that some Camp Outlook voluntee for personal use. While Camp Outlook instructs i available identifiable images of the Camper, I am cannot be held responsible for the use of images	n aware that Camp Outlook cannot control and	
9. <b>Mark one:</b> I DO / I DO NOT give permission for non-identifiable images (silhouettes, etc.) and/or other non-identifiable recordings of the Camper captured during Camp Outlook activities, through any means, to be used solely for the purposes of Camp Outlook promotional materials and publications, and waive any rights of compensation or ownership. Camp Outlook will not use identifiable images of the Camper for any purpose without first having additional explicit consent from both the Camper and their Guardian.		
10. I am aware that there is no fee for the Camperake to Camp Outlook is voluntary, is not conneway, will not affect the Camper's experience in a	ected to the Camper going on the trip in any	
11. If any provision of this agreement is determined to be invalid or unenforceable in whole or in part, such invalidity or unenforceability shall attach only to such provision or part thereof and the remaining part of such provision and all other provisions thereof shall continue in full force and effect. I expressly agree that this agreement is intended to be as broad and inclusive as permitted by the laws of the province of Ontario. This agreement shall be governed by and construed in accordance with the laws of the Province of Ontario.		
I have read, understand, and agree to all of th	ne above.	
Guardian Name:	Relation to Camper:	
Guardian Signature:	Date:	

You may type to sign

### Camp Outlook Camper Letter of Eligibility

# VERY IMPORTANT - PLEASE READ CAREFULLY THE FOLLOWING RESTRICTIONS ARE FOR SAFETY REASONS

Depending on the situation we may be able to accommodate a camper with some of the following but we **MUST** be well informed beforehand so we can adequately prepare and ensure the safety of **ALL** involved. **We must know if the camper:** 

- 1. Is younger than 13 or older than 17;
- 2. Weighs less than 90lbs (40kg) or more than 240lbs (110kg). If so, please call us to make sure we can help them succeed with the physical aspects of trip;
- 3. Has, in the past year, wet their bed more than once a month and/or on consecutive nights;
- 4. Has been hospitalized for asthma and/or an allergic reaction in the previous year;
- 5. Has a severe allergy to food, insect stings (bee, wasp, hornet, ...), and/or other allergens to the extent that a doctor has prescribed epinephrine for treatment if they are exposed;
- 6. Is epileptic and has had a seizure at any time in the last year, and/or has changed treatment medications within three months of the scheduled tripping date;
- 7. Is pregnant, diabetic, or has any chronic, recurring, and/or life threatening medical condition which may require hospitalization and/or may make it unsafe for them to be on the trip;
- 8. Has a history of running away, suicide attempts, serious mental health conditions, and/or serious psychiatric illness which may make it unsafe for them to be on the trip;
- 9. Has a history of sexually abusive and/or molesting behaviour towards any other persons, of any gender, of any age, including, but not limited to, acting in a sexually aggressive, sexually inappropriate, and/or sexually harassing manner;
- 10. Has history of violent behaviour including, but not limited to, violent behaviour involving weapons, an explosively violent temper, and/or a history of aggressive behaviour towards others including, but not limited to, those in authority.

If any of this is unclear, or if you are unsure if a potential camper is eligible, please call us at **613-544-6444**. If they are not eligible to trip with us we may be able to suggest an alternative.